



RUTGERS COOPERATIVE EXTENSION

New Jersey Agricultural Experiment Station

Mission: Rutgers New Jersey Agricultural Experiment Station (NJAES) Cooperative Extension helps the diverse population of New Jersey adapt to a rapidly changing society and improve their lives and communities through an educational process that uses science-based knowledge. Through science-based educational programs, Rutgers Cooperative Extension truly enhances the quality of life for residents of New Jersey and brings the wealth of knowledge of the state university to local communities.

Goals: Ensure healthy lifestyles; provide productive futures for youth, adults, and communities; enhance and protect environmental resources; ensure economic growth and agricultural sustainability; and improve food safety and nutrition.

**Working in cooperation with the
Office of County Executive
Joseph N. DiVincenzo, Jr.**



**Visit us online
using the QR
code / link!!**



**See back for
available programs
in Essex County!**

www.essex.njaes.rutgers.edu

Rutgers Cooperative Extension of Essex County

Expanded Food and Nutrition Education Program (EFNEP)

Assists limited-resource families and youth in acquiring the knowledge, skills, attitudes, and behavior changes necessary for nutritionally sound diets; and contributes to program participants' personal development and the improvement of their total family's diets and nutritional welfare.

Contact: Victoria Figliola
victoria.figliola@njaes.rutgers.edu



4 - H

(Head, Heart, Hands, Health)

Connects youth and our community to Rutgers University. The 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.

Contact: Marissa Staffen
mblodnik@njaes.rutgers.edu



Family and Community Health Sciences (FCHS)

Promotes healthy families, schools and communities through education, research and collaboration with outreach in food, nutrition, and wellness. FCHS fosters a culture of health for NJ residents of all ages that enables individuals and families to make informed decisions to improve their lives and their communities.

Contact: Veronica Jones
jonesve@njaes.rutgers.edu



Agriculture and Natural Resources

Provides educational services regarding agriculture, horticulture, water conservation, landscaping, and related natural resources topics to county citizens. For gardening/landscaping questions call the Master Gardener Helpline.

Master Gardener Helpline:
(973) 228-2210

Contact: Amy Rowe (Natural Resources) rowe@njaes.rutgers.edu

Claudia Urdanivia (Urban Agriculture)
cru1@njaes.rutgers.edu



ANR

**Agriculture &
Natural Resources**

RUTGERS

New Jersey Agricultural
Experiment Station

■ Cooperative Extension



Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.